

Do's and Don'ts

Do:

- Brush hair daily. Be sure to brush ends first and secure hair with one hand while brushing. Only use a “wet” brush to brush hair extensions. Make sure to brush your hair before washing and before bed.
- Condition hair only with recommended by me. Condition wet hair from the pony tail down. Use spray conditioners only on the ends.
- Always braid hair for sleeping. I typically recommend 1 or 2 braids.
- Shampoo only the roots of your hair in sections. NEVER shampoo the ends. Make sure to thoroughly rinse shampoo from hair and extensions. Failure to do so may cause itching and dry scalp. Always shampoo immediately after swimming in a pool or ocean. Towel dry by blotting, not rubbing strands together.
- Make your appointment to maintain your extensions every 6-8 weeks to maintain your extensions.

Don't:

- Go to bed with wet hair. Make sure to thoroughly dry hair before braiding for sleep.
- Use any products on your extensions without asking me first, including professional brands. Reason: I need to approve the source and ingredients to approve use on hair extensions.
- Flip your head upside down. This includes washing, brushing or blow-drying.
- Use a round brush on your extensions. This may cause slipping of the bonds or attachments.
- Use heavy conditioners or oils on scalp. This will cause slippage to the attachments. Do not use volumizing or clarifying shampoos on hair extensions. Reason: the alcohol content is too high and it will dry out the hair extensions.
- Do not attempt to maintain your extensions yourself. If you have any issues please contact me first. If I am busy, I will refer you to a trusted stylist to help.

Swimming:

- My preference is for chlorine to never touch your hair extensions. It is extremely drying and since chlorine is a type of bleach it can lighten the color of the hair extensions.
- If you do go swimming, it is extremely important to wet hair extensions first, then apply conditioner to your hair and braid it or put it in a bun out of the way before going into chlorine or salt water.
- Be careful not to expose the hair to sunscreen or tanning products as they have been known to discolor the hair.

Extra tips:

- On average, each person will shed 75-100 strands of hair daily due to natural shedding. When wearing extensions, this hair will still shed but remains attached to the extensions. This is completely normal and it is my job to comb these stray hairs out.
- If you are wearing beaded individual extensions, the extensions are designed to shed out if your natural hair is shedding as well. You can expect up to 10 strands of extensions to slip or come out within the first couple weeks. If you have any concerns regarding slippage, please be sure to make an appointment to come back in for me to take a look at your hair.
- Please note that your new hair extensions will need to adapt to new shampoo, conditioner, and styling products. This “hair training” period can take 2-3 weeks before your new head of hair starts behaving the way you want. Be patient, but persistent.
- If you should experience extreme tangling, come in for a vinegar clarifying treatment to ultra cleanse the hair.

